


# TABLE OF CONTENTS



## **Chapter 1 UNDERSTANDING THE MIND OF YOUR CHALLENGING STUDENT**

- Classroom Analysis - Three Percentages That Explain How Difficult Your Class Might Be...6
- How to Recognize A Challenging Student Versus An Imitator...7
- Predictors of Violence in Your School...8
- Defining A Challenging Student ...9
- The Greatest Influence of Success...10
- What You Must Do and Think To Succeed with Challenging Students...11

## **Chapter 2 BUILDING THE CORNERSTONE OF SUCCESS**

- Creating a Caring Conversation with A Challenging Student...13-14
- Guiding the Student to A Trusting Place...15
- How Students Survive Childhood to Become Successful Adults...16
- Seven Resiliency Traits That Lead Students to Success...17
- Three External Needs Educators Must Foster to Help Their Students...18
- Building Relationships Teacher-to-Student...20-21
- Having Circle Talk - A Relationship Strategy Student-to-Student...22
- A Script to Contact Challenging Students Before School Starts...23-24
- A Script That Communicates to Parents That We Are Friendly & Accessible...24-25
- Documentation Log...26

## **Chapter 3 COMPREHENDING THE PSYCHOLOGICAL NEEDS OF CHALLENGING STUDENTS**

- Three Categories of Challenging Students...28
- How To Work with Attention-Demanding Students...28-29
- Activities and Lessons to Remediate Attention-Demanding Students...29-33
- How To Work with Limit-Seeking Students...34-35
- Activities and Lessons to Remediate Limit-Seeking Students...35-36
- How To Work with Motivation-Lacking Students...37-38
- Activities and Lessons to Remediate Motivation-Lacking Students...38-40



## **Chapter 4 TARGETING PROBLEM BEHAVIORS**

- Identifying Focal Behaviors...42-43
- Focal Behavior Analysis Form...44
- A Behavior Intervention Referral Form...45
- 7 Steps to Teach A New Behavior...46-47
- Practice Activity (K-3rd grade)...48-49
- Practice Activity (4th-12th grade)...50-51
- Modeling Do's and Don'ts...52
- Worksheet - "Process to Teach A New Behavior"...53

## **Chapter 5 MANAGING PAIN CONTROL - YOURS!**

- Understanding Why We Get Hooked Into a Confrontation...55
- The Two Forms of Confrontation...56
- Deflecting A Covert Confrontation...56
- Deflecting An Overt Confrontation...57
- Ten Tips for Successful Intervention...58

## **Chapter 6 CONFERENCING TO ACHIEVE PEAK PERFORMANCE**

- Changing Behavior Requires Meaningful Communication...60
- Four Essential Levels of Communication...61
- Base Camp Basic -- A Face-to-Face Refocus...62
- Halfway in the Hallway --A One-Minute Refocus...63
- North Face --A Three-Minute "Make-It-Clear" Conference...64
- Peak Performance -- A 20-Minute Problem-Solving Conference...65-66
- A Teacher-Student Seeking Solution Worksheet...67

## **Chapter 7 LIMITING RAGE AND EMOTIONAL ESCALATION IN A CRISIS SITUATION**

- Four Levels of Emotional Escalation ...69-73
- How To Recognize Bullies...74
- Two Typical Victims of Bullies...75
  
- Diana Day Training Programs...76
- Day Publication Support Materials...77-79
- Order Form...80

